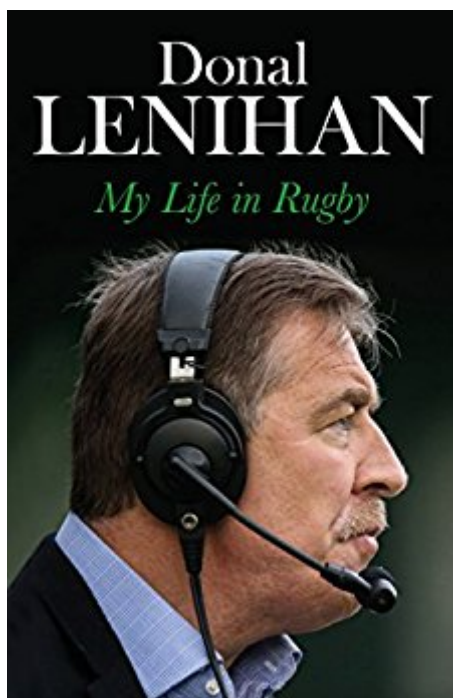


The book was found

Donal Lenihan: My Life In Rugby



Synopsis

As player, manager, and pundit, Donal Lenihan has seen it all in the world of rugby - and done much of it too. A victorious captain of Munster Junior and Senior Schools, he went on to skipper the Ireland team at the inaugural Rugby World Cup in New Zealand in 1987 and was a fixture in the second row for over a decade, winning two Triple Crowns and three Five Nations championships. Selected for three British & Irish Lions tours, he was famous for skippering the unbeaten side nicknamed 'Donal's Doughnuts', before taking charge of both Ireland and the Lions as manager. From such a stellar position at the heart of the rugby world, Donal Lenihan has a wealth of stories to tell from both on and off the pitch, from raucous antics on tour to the sometimes difficult fellowship of players in a time of Troubles. He delves deeply into Cork and Munster culture and the influence on his career of his family. And as a much-respected analyst, Donal is also not short on voicing his opinion on the rights and wrongs of the modern game, and how the transition from the amateur to the professional era has affected the heart and soul of rugby. Full of wit, insight and emotional sincerity, this is a rugby book for the ages by a sporting great.

Book Information

File Size: 30727 KB

Print Length: 295 pages

Publisher: Transworld Digital (September 22, 2016)

Publication Date: September 22, 2016

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B01HU0EGHU

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #576,832 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #14

in Kindle Store > Kindle eBooks > Biographies & Memoirs > Sports & Outdoor > Rugby #40

in Kindle Store > Kindle eBooks > Nonfiction > Sports > Other Team Sports > Rugby #79

in Kindle Store > Sports & Outdoors > Other Team Sports > Rugby

Customer Reviews

A good history of the game going all the way back to Christians in the 70s with the "rabble"

Brilliant ,interesting & funny. Really enjoyed this excellent written and informative book.

[Download to continue reading...](#)

Donal Lenihan: My Life in Rugby How To Build The Rugby Player Body: Building a Rugby Player Physique, The Rugby Player Workout, Hardcore Workout Plan, Diet Plan with Nutritional Values, Build Quality Muscle Rugby Classics: Total Rugby: Fifteen-a-side Rugby for Player and Coach Rugby Revealed: Reaching Your Rugby Potential Rugby Classics: Think Rugby: A Guide to Purposeful Team Play iCubed: The All Blacks' Winning Rugby Coaching System (iCubed: The Winning Rugby Coaching System Book 5) Rugby's Great Split: Class, Culture and the Origins of Rugby League Football (Sport in the Global Society) The Art of Scrummaging: A History, a Manual and a Law Dissertation on the Rugby Scrum - A Rugby Scrum Thesis TOUCH RUGBY: The ultimate game-sense tool to teach rugby skills and decision making while having fun Rugby For Dummies Rugby and Revival: A true story of hope in Wales Focused for Rugby Unisex Cinninnati Bengals Knee High Long Athletic Soccer Rugby Football Sport Tube Sock Odd-Shaped Balls: Mischief-Makers, Miscreants and Mad-Hatters of Rugby (Mainstream Sport) Complete Conditioning for Rugby Rugby Skills, Tactics and Rules A Game for Hooligans: The History of Rugby Union Unisex Fsu Football Knee High Long Athletic Soccer Rugby Football Sport Tube Sock Rugby: Steps to Success - 2nd Edition (Steps to Success Activity Series) Strength and Conditioning for Rugby Union

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)